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|--|---|
| <input type="checkbox"/> Mom/Dad | <input type="checkbox"/> TV shows |
| <input type="checkbox"/> Grandma/Grandpa | <input type="checkbox"/> Social media |
| <input type="checkbox"/> Friends | <input type="checkbox"/> Pet |
| <input type="checkbox"/> Food | <input type="checkbox"/> Sports |
| <input type="checkbox"/> Video games | <input type="checkbox"/> Good marks in school |
| <input type="checkbox"/> | |

Name

12 JESUS: BREAD & WATER

In Worksheet #4, we learned some important things about Jesus. We learned that He is God’s Son, and helped to create the world and the universe. We also learned that Jesus was promised to the world hundreds of years before He came on that very first Christmas. Then, we learned that Jesus is an amazing teacher and a powerful healer.

In the Gospel of John...

None of the above things or people are bad. In fact, most of them are good. They just can’t do what Jesus can do for us. He is like spiritual bread and water for our hearts, our souls. Without Him, we will not be truly happy. Without Him, we will not be with God forever in His house.

MEMORIZE

Blaise Pascal: “There is a God-shaped vacuum (space) in the heart of every person which cannot be filled by any created thing, but only by God the Creator, made known through Jesus.”

.....
Leader Signature

So, how do we allow Jesus to satisfy this hunger and thirst. As He says in John 6:35, we must come to Him and believe. This means we no longer trust in things that don’t satisfy our souls, but we instead trust Him. Ask Jesus today to forgive your sins, to come into your life, and to satisfy the hunger and thirst of your heart.

“ROAR” (that’s lion for “well done!”)

..... **(name of Clubber) has finished the worksheet, “Jesus: Bread and Water.” Well done!**

.....
Leader Signature

MEMORIZE

“Gospel” means “good news.”

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Leader Signature

...Jesus says “I am...” seven different times. We’re going to look at one of those times in this worksheet and discover more important truth about Jesus.

“I AM THE BREAD OF LIFE”

Before we hear Jesus say who He is, we need to look at two stories in the Bible. 1400 years before Jesus walked the earth, the Jewish people were in the desert for 40 years. If you’ve ever been to the desert, you know that there’s not much life and not much to eat. Amazingly, for all 40 years, God miraculously provided food for His people. Six days a week, they woke up every morning and “manna” (a Hebrew word that means “what is it?”) was on the ground. Manna was something like bread. Isn’t that amazing! God provided for His people (like a shepherd provides for His sheep).

Fast-forward 1400 years. Jesus is in the middle of nowhere, far from any grocery store or restaurant, and He's surrounded by at least 5000 people. He asks one of His closest followers, "Where should we buy bread for these people to eat?" His followers knew they didn't have enough bread or money to



provide for this many people. But a young boy in the crowd had 5 loaves of bread and two small fish, and he gladly offered them to Jesus to help feed this huge group of people. Jesus had the people sit down, then He prayed, and then He began to pass the bread and fish

to His followers to give to the crowd. And the bread and fish kept coming and coming and coming! In the end, they had more left over than they had to start with, and everyone's hunger was satisfied. Another amazing miracle by Jesus!

The next day...

MEMORIZE

John 6:35 – "Jesus declared, "I am the bread of life. Whoever comes to Me will never be hungry again. Whoever believes in Me will never be thirsty."

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Leader Signature

Bread in Jesus' day was so important. It filled up one's stomach and provided nutrition. Without bread, you would die. Jesus is saying, "You need Me, just like you need food!"

What's your favourite food?

Jesus is saying, "You need Me more than you need your favourite food!"

"LIVING WATER"

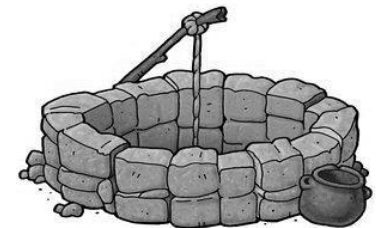
A little bit earlier in the Gospel of John, Jesus meets a woman who is getting water at a well. In those days, people had no water piped into their homes, so every day they had to go and get water for drinking, cooking, and cleaning. As they talked, Jesus told the woman that He had "living water," better water than the water that was in that well. The woman did not yet believe Jesus. Jesus continued, "Anyone who drinks this water (from the well) will soon become thirsty again..."

MEMORIZE

John 4:14 – "But those who drink the water I give will never be thirsty again. It becomes a fresh, bubbling spring within them, giving them eternal life."

.....
Leader Signature

The woman didn't completely understand Jesus. She thought Jesus was talking about real water. But Jesus was talking about her life. You see, this woman – for years – had made many poor choices. She was looking for people to make her happy, to help her feel special. Jesus knew that people (parents, brothers and sisters, grandparents, friends), because they are imperfect and make mistakes are not able satisfy this thirst that we have like Jesus can. He satisfies the hunger and thirst of our souls or hearts, that invisible part of us that makes us who we are and lives forever.



Like this woman, kids can look for happiness in the wrong ways too. On the next page, check off which things or people you might look to for happiness, instead of to Jesus: